

Livingston (Almondvale) Fastest Teams

Men sub 2.20

Over the years at the Almondvale venue, the long leg has changed many times due to traffic changes, new buildings etc. These changes are recorded in the event programmes. In comparing team and individual times it is only accurate to compare times within the same year. The short leg changed very little throughout the years.

	Team	Time	Year	Position
1	Mizuno RC	2:12:31	1998	1
2	Mizuno RC	2:12:49	1999	1
3	Shettleston H	2:13:10	1999	2
4	Central AC	2:13:41	2022	1
5	Central AC	2:13:48	2014	1
6	Shettleston H	2:13:58	1998	2
7	Central AC	2:14:03	2023	1
8	RC Edinburgh	2:14:27	2003	1
9	Kilbarchan AAC	2:14:27	2025	1
10	Shettleston H	2:14:29	2010	1
11	Central AC	2:14:33	2025	2
12	Ronhill Cambuslang H	2:14:38	2003	2
13	Central AC	2:14:42	2013	1
14	Cambuslang H	2:14:46	2023	2
15	Central AC	2:14:51	2012	1
16	Ronhill Cambuslang H	2:14:51	2014	2
17	Central AC	2:14:56	2010	2
18	Kilbarchan AAC	2:14:58	2015	1
19	Ronhill Cambuslang H	2:15:01	2000	1
20	Glasgow University H&H	2:15:20	2023	3
21	Central AC	2:15:34	2015	2
22	Fife AC	2:15:45	2000	2
23	Shettleston H	2:16:04	2009	1
24	Ronhill Cambuslang H	2:16:12	2016	1
25	Kilbarchan AAC	2:16:15	1999	3
26	Inverclyde AC	2:16:16	2010	3
27	Shettleston H	2:16:17	2000	3
28	Central AC	2:16:26	2017	1
29	Shettleston H	2:16:34	2012	2
30	Shettleston H	2:16:34	2011	1
31	Central AC	2:16:36	2016	2
32	Ronhill Cambuslang H	2:16:38	2012	3
33	Ronhill Cambuslang H	2:16:43	1998	3
34	Ronhill Cambuslang H	2:16:48	2005	1

35	Central AC	2:16:51	2009	2
36	Corstorphine AAC	2:16:52	2013	2
37	Inverclyde AC	2:16:54	2016	3
38	Cambuslang H	2:16:55	2019	1
39	Central AC	2:16:56	2008	1
40	Shettleston H	2:16:59	2002	1
41	Ronhill Cambuslang H	2:17:01	2025	3
42	Ronhill Cambuslang H	2:17:03	2007	1
43	Mizuno RC	2:17:12	2001	1
44	Corstorphine AAC	2:17:13	2016	4
45	Corstorphine AAC	2:17:22	2022	1
46	Kilbarchan AAC	2:17:24	1998	4
47	Kilbarchan AAC	2:17:24	2000	4
48	Ronhill Cambuslang H	2:17:30	1999	4
49	Mizuno RC	2:17:38	2002	2
50	Central AC	2:17:41	2024	1
51	Clydesdale H	2:17:42	1998	5
52	Corstorphine AAC	2:17:50	2023	4
53	Fife AC	2:17:50	2025	4
54	Kilbarchan AAC	2:17:53	2010	4
55	Giffnock North AC	2:18:00	2024	2
56	Inverclyde AC	2:18:07	2019	2
57	Glasgow University H&H	2:18:09	2022	3
58	Kilbarchan AAC	2:18:12	2002	4
59	Corstorphine AAC	2:18:09	2019	3
60	Shettleston H	2:18:15	2019	4
61	Shettleston H	2:18:18	2004	1
62	Ronhill Cambuslang H	2:18:20	2015	3
63	Central AC	2:18:24	2005	2
64	Shettleston H	2:18:25	2007	2
65	Cambuslang H	2:18:27	2017	2
66	Corstorphine AAC	2:18:30	2024	3
67	Edinburgh AC	2:18:34	2024	4
68	Ronhill Cambuslang H	2:18:35	2013	3
69	Shettleston H	2:18:38	2025	5
70	Fife AC	2:18:39	2024	5
71	Corstorphine AAC	2:18:48	2018	1
72	Corstorphine AAC	2:18:52	2014	3
73	Fife AC	2:18:55	2022	4
74	Corstorphine AAC	2:19:01	2012	4
75	Central AC	2:19:09	2011	2
76	Shettleston H	2:19:11	2003	3
77	Inverclyde AC	2:19:13	2009	3
78	Aberdeen AAC	2:19:14	2023	5
79	Ronhill Cambuslang H	2:19:18	2010	5
80	Inverclyde AC	2:19:21	2007	3
81	Central AC	2:19:22	2022	5
82	Corstorphine AAC	2:19:25	2017	3

83	Glasgow University H&H	2:19:36	2024	6
84	Corstorphine AAC	2:19:38	2015	4
85	Ronhill Cambuslang H	2:19:48	2001	2
86	City of Edinburgh AC	2:19:50	1998	6
87	Central AC	2:19:55	2018	2
88	Metro Aberdeen AAC	2:19:56	2002	5
89	Central AC	2:19:58	2019	5
90	Fife AC	2:20:02	1999	5

Long Leg slightly amended from 2008 onwards



repair. It is the same distance as previous years for both legs.